



## RESOURCES FOR RESIDENTS

### FOOD ACCESS FOR ADULTS AND SENIORS:

#### *If you wish/are able to shop for yourself:*

1. Effective on Thursday, March 19, Stop & Shop will open for customers 60 and older only between 6 am-7:30 AM.
2. For any age, if you **are homebound and/or become quarantined** and are needing food staples, the city of Somerville has organized a service to get you through and SHA residents are their priority. Please contact Shape Up Somerville as (617) 625-6600 x4312 and please also reach Resident Services if facing any challenges accessing this or other resources that are keeping you safe and healthy. We will help you in any way we can.
3. There is also a food pantry every Monday from 9 AM-11 AM at the back cafeteria of the Healey School, 5 Meacham St.
4. Please call 311 for further food resources and reach SHA resident services

### **SERVICES FOR ADULTS AND SENIORS:**

If you are currently receiving nutritional and needed home care services they will continue- barring illness & with minor necessary adaptations. If you need services or have questions about your current services please contact Somerville Cambridge Elder Services at (617) 628-2601.

***NOTE: Social Distancing (staying 6 feet away from friends) saves lives. Please be kind to each other, be there for each other by phone, and please know the signs.***

**Please don't hesitate to reach out for help: 617-625-1152 x323.**



## FOOD RESOURCES FOR YOUTH

**BELOW IS NOT AN EXHAUSTIVE LIST OF RESOURCES.**

**IF YOU ARE NEEDING ANY ASSISTANCE PLEASE CONTACT  
617-625-1152 AND ASK TO SPEAK WITH RESIDENT SERVICES:**

### **FOOD ACCESS FOR YOUTH:**

The Somerville Public Schools are continuing to make breakfasts and lunches for students and families in need that you can pick up and take home.

When: Monday through Friday, 9:00 - 11:00AM

Where:

- West Somerville Neighborhood School, basketball court
- Winter Hill Community Innovation School, Medford Street entrance
- East Somerville Community School, side parking lot
- There is a food pantry every Monday from 9 AM-11 AM at the back cafeteria of the Healey School, 5 Meacham St.

*Call 311 to get connected to additional food resources you may need.*

Call Project Bread's FoodSource Hotline to find food resources and see if you qualify for new or expanded food access benefits:  
(800) 645-8333

***Please don't hesitate to reach out for help.***